

OUR JOURNEY TO PASCHA! 2024

April 7th – VENERATION OF THE HOLY CROSS

Epistle Reading: Hebrews 7:26-8:2; 4:14-5:6

Gospel Reading: John 10:9-16; Mark 8:34-9:1

Wear your cross to Church and kiss the cross each morning with a bow. Ponder upon the words of our Lord: “He who does not take up his cross and follow me is not worthy of me!”

We pray for our entire church family and those who do not have a family or church family, and our special prayers are for the sick and suffering and for the health and salvation of others:

The Archpriest Samuel, Archimandrite Joseph, Protopresbyter Christos, the priest Gregory, Protodeacon John, Mark, Matushka Ellen, Matushka Svetlana, Matushka Lanie, Matushka Irene, Matushka Katherine, Karen, Edward, Nadine, Michael Olsen, Michelle, Alexander, Anastasia, Sophia Eptamenitis, Edward, Taisa, Engelsman, Maria Higginbotham, Valentina Bobrowski, Anna Konoleva, Erika Dobrzynski, Douglas Dobrzynski, Andrew John Lihou, Marie Biancarelli, Joshua and Daniel Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Helen, Bonnie Shaffner, Helen Schweizer, Zoran Pejovic, Sunny Hunsicker, Ioana, Carmen, Michael, John, Sarah, Linda, Pamela Anne and Kimberly Marie, JoAnne, Beatrice, Christina, Orestes, Julia, Adrian, Sonya, Biljana, Dorothy, Pauline, Brandy, Makenzie and Tyler.

***** To amend the prayer list, speak with Mary Osinski*****

Holy Spirit Orthodox Church
102 Route 284, Wantage, NJ 07461

Father Michael - Priest-in-charge
(848)228-1563

holyspiritwantagej@gmail.com
www.HolySpiritOrthodox.org
<https://www.holyspiritorthodox.org/>
<https://www.holyspiritorthodox.org/weeklybulletins>

THE WEEKLY BULLETIN

HOLY SPIRIT ORTHODOX CHURCH

www.HolySpiritOrthodox.org

April 7th, 2024

3rd SUNDAY OF GREAT LENT: VENERATION OF THE CROSS

- The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ's redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. "He who does not take up his cross and follow me is not worthy of me" (Mt.10:38). For in the Cross of Christ Crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor.1:24).

Troparion — Tone 4

O Lord, save Your people, / and bless Your inheritance. / Grant victories to the Orthodox Christians, / over their adversaries. / And by virtue of Your Cross / preserve Your habitation!

Kontakion — Tone 7

Now the flaming sword no longer guards the gates of Eden; / it has mysteriously been quenched by the wood of the Cross! / The sting of death and the victory of hell have been vanquished; / for You, O my Savior, have come and cried to those in hell: / "Enter again into paradise."

Service Schedule

Great Vespers: 5pm Saturdays

Hours: 9:45am Sundays

Divine Liturgy: 10:00am Sundays

Confessions: Will be heard every Saturday evening after Vespers or by appointment.

Call, text or email Father Michael at (848)228-1563 or holyspiritwantagenj@gmail.com

Monthly calendar at www.HolySpiritOrthodox.org

Dates to Remember

Friday 5th of April

Presanctified Divine Liturgy at 6:30 pm

Saturday 6th of April

MEMORIAL SATURDAY

Divine Liturgy at 9 am

Great Vespers at 5 pm

Sunday 7th of April

Divine Liturgy at 10 am

Deanery Vespers at St. Vladimir Church, Trenton NJ

Wednesday 10th of April

Presanctified Liturgy at 6:30 pm

Friday 12th of April

Presanctified Liturgy at 6:30 pm

Saturday 13th of April

Great Vespers at 5 pm

Sunday 14th of April

Divine Liturgy at 10 am

ANNOUNCEMENTS!

Visitors Welcome

After every Liturgy, you are invited to join us for light refreshments in the parish hall. You'll find a friendly welcome, good conversation, and ask any questions you may have.

Memorial Saturday – April 6th, 2024

Divine Liturgy will be on April 6th, 2024 at 9 am. A Memorial Service will follow to remember the departed family and friends of Holy Spirit Orthodox Church parishioners and friends of the parish. This service is to pay tribute and to honor our departed loved ones. Please provide to me via email pejovicveljko@gmail.com or prior to service, a list of your departed.

Brotherhood of "Three Hierarchs" Presanctified Liturgy

We thank Very Reverend Father Chris Telleos for hosting Presanctified Liturgy at his parish, Holy Cross Greek Orthodox Church, Middletown NY, on Wednesday 3rd of April. The next brotherhood Presanctified Liturgy will take place in the Greek Orthodox Church of Assumption, Windam NY on Wednesday 10th of April 2024. Everyone is welcomed.

Deanery Lenten Mission Vespers 2024

The second Deanery Lenten Mission Vespers will take place at St. Vladimir's Orthodox Church, 812 Grand Street, Trenton NJ on Sunday 7th of April 2024. Everyone is welcomed.

Potluck Meal

Throughout Great Lent we will aim to have agape potluck dinner after every presanctified liturgy. Please bring your favorite Lenten dish to share. Thank you.

Please Complete This Brief Survey

This request is sent out with the blessing of His Eminence Archbishop Michael. This survey will contribute to a study which seminarian Nicola Nunu is conducting. Please take a couple of minutes to finish it. This survey is intended for any adult to participate. Responses are particularly desired from young adults and their parents. Please complete the survey by Friday, April 12, 2024. Thank you. <https://form.jotform.com/240583484333155>

Wisdom on Wheels

Please check the Episode of Wisdom on Wheels with His Eminence Archbishop Michael. You can find the episode by following the link: [Wisdom on Wheels - Episode 10 - Archbishop Michael - YouTube](#)

Food Donation Cart – Update

Dan Taylor informs us that the needs of Sussex Help Center have changed. They have been blessed with a great deal of food over the past few months. The food pantry still needs baby diapers. Also, baby supplies, pet foods (cat and dog) and household cleaning supplies.

Have an item for the bulletin?

Please email Father Michael at holyspiritwantagenj@gmail.com or Mary Osinski at mary.osinski@gmail.com