

**Sunday, 28<sup>th</sup> of July 2024**

**HOLY APOSTLES OF THE SEVENTY AND THE DEACONS:  
PROCHORUS, NICANOR, TIMON AND PARMENAS**

**Epistle: Romans 10:1-10  
Gospel: Matthew 8:28-9:1**

**Kontakion – Tone 4**

**You were holy deacons and eye-witnesses of the Word, / and chosen vessel of the faith, / O glorious Nicanor, Prochorus, Parmenas and Timon. / Therefore today we celebrate your sacred memory, / blessing you in gladness of heart.**

We pray for our entire church family and those who do not have a family or church family, and our special prayers are for the sick and suffering and for the health and salvation of others:

The Archbishop Melchizedek, Archpriest Joseph, Archpriest Samuel, Archimandrite Joseph, Protospesbyter Christos, the priest Gregory, Protodeacon John, Mark, Matushka Ellen, Matushka Svetlana, Matushka Irene, Matushka Katherine, Catherine Xenia, Karen, Nadine Olsen, Michael Olsen, Michelle, Alexander, Anastasia, Sophia Eptamenitis, Edward, Taisa, Engelsman, Maria Higginbotham, Valentina Bobrowski, Anna Konoleva, Erika Dobrzynski, Douglas Dobrzynski, Andrew John Lihou, Marie Biancarelli, Joshua and Daniel Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Helen, Bonnie Shaffner, Zoran Pejovic, Sunny Hunsicker, Ioana, Carmen, Michael, John, Sarah, Linda, Pamela Anne and Kimberly Marie, JoAnne, Beatrice, Christina, Orestes, Julia, Adrian, Sonya, Biljana, Dorothy, Pauline, Brandy, Makenzie, Tyler, Anna, Aleksei, Elena, Denis, Nadezhda, Izabella, Olga, Rita, Olga, Olga, Sofia, Iosif, John, Dawn, Pavel, Elena, Avery, Halyna (Klima) and Sergey. Amen!

**\*\*\* To amend the prayer list, speak with Mary Osinski\*\*\***

**Holy Spirit Orthodox Church**  
102 Route 284, Wantage, NJ 07461

Father Michael - Priest-in-charge  
(848)228-1563

[holyspiritwantage@gmail.com](mailto:holyspiritwantage@gmail.com)  
[www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)  
<https://www.holyspiritorthodox.org/>  
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THE WEEKLY BULLETIN  
**HOLY SPIRIT  
ORTHODOX CHURCH**

[www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

**July 28<sup>th</sup>, 2024**

**HOLY APOSTLE OF THE SEVENTY AND DEACONS: PROCHORUS, NICANOR, TIMON, AND PARMENAS** - Saints Prochorus, Nicanor, Timon and Parmenas, Apostles of the Seventy were among the first deacons in the Church of Christ. In the Acts of the Holy Apostles (6:1-6) it is said that the twelve Apostles chose seven men: Stephen, Philip, Prochorus, Nicanor, Timon, Parmenas and Nicholas, full of the Holy Spirit and wisdom, and appointed them to serve as deacons. They are commemorated together on July 28, although they died at various times and in various places. At first, Saint Prochorus accompanied the holy Apostle Peter, who made him bishop in the city of Nicomedia. After the Dormition of the Most Holy Theotokos, Prochorus was a companion and coworker of the holy Apostle John the Theologian and was banished with him to the island of Patmos. There he wrote down the Book of Revelation concerning the final fate of the world. Upon returning to Nicomedia, Saint Prochorus converted pagans to Christ in the city of Antioch, where he suffered martyrdom. Although Saint Nicanor suffered on the same day that the holy Protomartyr Stephen (December 27) and many other Christians were killed by stoning, he is also commemorated on December 28. Saint Timon was later appointed by the Apostles as bishop of the city of Bostra in Arabia and suffered from the Jews and pagans for preaching the Gospel. He was thrown into a furnace, but by the power of God he came out of it unharmed. The tradition of the Roman Church says that Saint Timon died by crucifixion. Saint Timon is also commemorated on December 30. Saint Parmenas zealously preached Christ in Macedonia. He died after being afflicted with an illness. Some say that Saint Parmenas suffered martyrdom under Trajan (98-117) in the final year of his reign.

## Service Schedule

**Great Vespers:** 5pm Saturdays

**Hours:** 9:45am Sundays

**Divine Liturgy:** 10:00am Sundays

**Confessions:** Will be heard every Saturday evening after Vespers or by appointment.

**Call, text or email Father Michael at (848)228-1563 or [holyspiritwantagenj@gmail.com](mailto:holyspiritwantagenj@gmail.com)**

Monthly calendar at [www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

## Dates to Remember

**Saturday 27<sup>th</sup> of July**

**Great Vespers at 5 pm**

**Sunday 28<sup>th</sup> of July**

**Divine Liturgy at 10 am**

**Saturday 3<sup>rd</sup> of August**

**Great Vespers at 5 pm**

**Sunday 4<sup>th</sup> of August**

**Divine Liturgy at 10 am**

**Monday 5<sup>th</sup> of August**

**Great Vespers at 6 pm**

**Tuesday 6<sup>th</sup> of August**

**TRANSFIGURATION OF OUR LORD**

**Divine Liturgy with blessing of fruit at 9 am**

**Saturday 10<sup>th</sup> of August**

**Great Vespers at 5 pm**

**Sunday 11<sup>th</sup> of August**

**Divine Liturgy at 10 am**

**Friday August 2<sup>nd</sup> – Saturday August 10<sup>th</sup>**

**NJ STATE FAIR**

## ANNOUNCEMENTS!

### Visitors Welcome

Glory be to Jesus Christ! Everyone is welcome to visit and worship with us. Following Divine Liturgy, please join us for light refreshments in the church hall.

### Sincere Thanks

Our sincere thanks to everyone who worked on preparation of our Stuffed Cabbage casseroles on Tuesday July 23<sup>rd</sup>. If you could not make it this year, please consider donating your time and working on the NJ State Fair, August 2<sup>nd</sup> – August 10<sup>th</sup>.

### Dormition Fast

Dormition fast takes place on August 1<sup>st</sup>, 2024. Please refrain from meat products, dairy products, fish and oil. The fast ends on the Feast of the Dormition of the Most Holy Theotokos which is celebrated on August 15<sup>th</sup>, 2024.

### Prison Ministry Awareness Sunday

The Hierarchs of the Assembly of Canonical Orthodox Bishops have blessed the Sunday nearest the feast of St. Silas to be Prison Ministry Awareness Sunday in all US parishes. In 2024, this occurs on Sunday, July 28<sup>th</sup>. **In order to support this important ministry, special collection will be collected on Sunday, July 28<sup>th</sup>.**

### Parish Council Conference on Parish Management

Parish Council Conference on Parish Management will take place on Saturday, August 10<sup>th</sup>, 2024, from 10 am to 3 pm at St. Gregory Palamas Church, 5<sup>th</sup> Church Street, Glen Gardner, NJ. This annual conference is intended for any and all parishioners, especially those who are serving on parish councils. If you are interested to attend, please speak with Father Michael.

### NJ State Fair – August 2<sup>nd</sup> – 10<sup>th</sup>

It's that time of the year! As in the past, HSOC is again participating in this event. Everyone is invited to participate by volunteering to work at the Fair and to invite family and friends to this major fundraiser for our church. Any additional financial assistance you can offer would be appreciated and helpful. Speak with Nadine Olsen and/or Mark Benda to volunteer or for more information. See you at the Fair!

### HSOC Cleaning Help Needed

Now with more families attending Holy Spirit Orthodox Church, we are in need of anyone and everyone who is willing to help clean the Church. Many hands make for light work. For a cleaning schedule and any questions, please call or text Maritsa Farren at (973)670-8728.

### Have an item for the bulletin?

Please email Father Michael at [holyspiritwantagenj@gmail.com](mailto:holyspiritwantagenj@gmail.com) or Mary Osinski at [mary.osinski@gmail.com](mailto:mary.osinski@gmail.com).