

**CHRIST IS RISEN! TRULY, HE IS RISEN!!!**

**Sunday of the Paralytic**

**Epistle: Act 9:32-42**

**Gospel: John 5:1-15**

**Troparion – Tone 3**

**Troparion — Tone 3**

**Let the heavens rejoice, / let the earth be glad, / for the Lord has shown strength with His arm. / He has trampled down death by death. / He has become the first born of the dead. / He has delivered us from the depths of hell, / and has granted to the world / great mercy.**

We pray for our entire church family and those who do not have a family or church family, and our special prayers are for the sick and suffering and for the health and salvation of others:

The Archbishop Melchizedek, Archpriest Joseph, Archpriest Samuel, Archimandrite Joseph, Protospyter Christos, the priest Gregory, Protodeacon John, Mark, Matushka Ellen, Matushka Svetlana, Matushka Irene, Matushka Katherine, Catherine Xenia, Karen, Nadine Olsen, Michael Olsen, Michelle, Alexander, Anastasia, Sophia Eptamenitis, Edward, Taisa, Engelsman, Maria Higginbotham, Valentina Bobrowski, Anna Konoleva, Erika Dobrzynski, Douglas Dobrzynski, Andrew John Lihou, Marie Biancarelli, Joshua and Daniel Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Helen, Bonnie Shaffner, Helen Schweizer, Zoran Pejovic, Sunny Hunsicker, Ioana, Carmen, Michael, John, Sarah, Linda, Pamela Anne and Kimberly Marie, JoAnne, Beatrice, Christina, Orestes, Julia, Adrian, Sonya, Biljana, Dorothy, Pauline, Brandy, Makenzie, Tyler, Anna, Aleksei, Elena, Denis, Nadezhda, Izabella, Olga, Rita, Olga, Olga, Sofia, Iosif, John, Dawn, Pavel, Elena, Avery and Halyna (Klima). Amen!

**\*\*\* To amend the prayer list, speak with Mary Osinski\*\*\***

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**The Weekly Bulletin**  
**HOLY SPIRIT**  
**ORTHODOX CHURCH**

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**May 26<sup>th</sup>, 2024**

**SUNDAY OF THE PARALYTIC** - Many miracles in the Old Testament involve water. To name but a few, the water of the Nile turned to blood after Moses lifted his rod and struck the water before Pharaoh and His servants (Exodus 7:20). Not only was the Nile turned to blood, but also "their rivers, their canals, their ponds, and all their pools of water, that they may become blood; and there shall be blood throughout the land of Egypt, both in vessels of wood and in vessels of stone" (Exodus 7:19). On the Fourth Sunday of Pascha, the Church remembers the man who lay paralyzed at the Sheep Pool in Jerusalem for thirty-eight years, waiting for someone to put him into the pool. The first person to enter the pool after an Angel troubled the water would be healed of his infirmities, but someone always entered the pool before him. Seeing the man, the Lord felt compassion for him and healed him. The Lord healed the paralytic during the days of Passover, when He had gone to Jerusalem for the Feast, and He remained there teaching and working miracles. According to Saint John the Theologian, this miracle took place on the Sabbath. Like some Old Testament miracles, many of Christ's miracles also involved water, and they prefigure the Church's Baptism, which cleanses us of every sin. In the Sheep Pool, once a year, only one person was healed, but Christ saves endless multitudes by divine Baptism. Sometimes, as in the case of Saint Vladimir (July 15), Baptism can also heal our bodily infirmities. In the Canon for the Paralytic, the Angel who stirred the water in the Sheep Pool is identified as the Archangel Michael. Some of the Troparia call him "Leader of the Angels," and "Supreme Commander" (Ode 1). In Ode 3 we ask him to "protect us from falling into the passions of life." In Ode 6, we ask Saint Michael to guide us on the paths of life." In Ode 8, we ask him to pray with all the Bodiless Hosts, that we may be granted deliverance from our offenses, correction of our life, and the enjoyment of eternal blessings. As we remember the paralytic, let us ask Christ to "raise up our souls, paralyzed by sins and thoughtless acts" (Kontakion of the paralytic).

### Service Schedule

**Great Vespers:** 5pm Saturdays

**Hours:** 9:45am Sundays

**Divine Liturgy:** 10:00am Sundays

**Confessions:** Will be heard every Saturday evening after Vespers or by appointment.

Call, text or email Father Michael at (848)228-1563 or [holyspiritwantagenj@gmail.com](mailto:holyspiritwantagenj@gmail.com)

Monthly calendar at [www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

### Dates to Remember

**Friday 24<sup>th</sup> of May**

**HSOC Yard Sale from 9 am – 5 pm**

**Saturday 25<sup>th</sup> of May**

**HSOC Yard Sale from 9 am – 3 pm**

**Great Vespers at 5 pm**

**Sunday 26<sup>th</sup> of May**

**Divine Liturgy at 10 am**

**Saturday 1<sup>st</sup> of June**

**Baptism of Alma Sidney Naron at 12 pm (Noon)**

**Great Vespers at 5 pm**

**Sunday 2<sup>nd</sup> of June**

**Divine Liturgy at 10 am**

### Christ is Risen! Indeed, He is Risen!

#### Thank you

Our sincere thanks and appreciation to all who participated and contributed to HSOC Annual Yard Sale. Special thank to Mary Hardcastle and Beth Lamlamay for weeding our Church garden. Every event that we have in our church is community event and as such please consider joining in the future.

#### Welcome Newly Received Catechumens

On Sunday, May 19<sup>th</sup>, Christopher Spies and Alyssa Ross, and their infant child Isla Spes became a catechumen at Holy Spirit Orthodox Church. Please pray for them.

#### St. Tikhon's Monastery Annual Pilgrimage set for Memorial Day Weekend

The 120th annual Memorial Day Pilgrimage at St. Tikhon's Monastery is scheduled to take place from May 24 to May 27, 2024. For more information please visit the link: <https://www.oca.org/news/oca-news/schedule-now-available-for-2024-memorial-day-pilgrimage-to-st-tikhons-monastery>

#### Happy Memorial day! Monday 27<sup>th</sup> of May

This is the time to honor the brave men and women who have made the ultimate sacrifice in service to our country. Enjoy your time with family and friends as we remember those who have served and continue to serve.

#### Baptism, Saturday, June 1<sup>st</sup>, 12 Noon

Alma Sidney Naron will be baptized and chrismated on Saturday, June 1st at Noon. A reception in the parish hall, hosted by Joseph and Lyssa Naron, will immediately follow the service. Lunch and refreshments will be provided by the family. All the congregation is welcome! Lyssa is available by call/text at (609) 216-0115 for any questions. RSVP requested, but not required, if planning to attend.

#### Lawnmowing possibilities

Starting this Sunday we will have a sign-up sheet in the Narthex. Please consider signing your name and dedicating some time to keep our property beautiful. If you need training, you will be trained how to operate the lawnmower.

#### High School/College Graduates

We would love to recognize the accomplishment of any of our young member who are graduating from high school or college. You may email Father Michael at [pejovicveljko@gmail.com](mailto:pejovicveljko@gmail.com) so that we can celebrate this important occasion.

#### Holy Spirit Day

Dear brothers and sisters this year we will celebrate Holy Spirit Day on June 24<sup>th</sup>, 2024. As always Archbishop Michael will be serving the Divine Liturgy. Furthermore, on this day our Mark Benda will be ordained to the rank of sub deacon. This is very joyous occasion. If possible, please plan to attend and support Mark and celebrate Feast of our Parish. More information will be available soon.