

THE WEEKLY BULLETIN

HOLY SPIRIT ORTHODOX CHURCH

www.HolySpiritOrthodox.org

January 26th, 2020

Christ is wholly love, goodness and consolation, and never suffocates. He has an abundance of spiritual oxygen. --- *St.Paisios the Athonite*

ST. CLEMENT THE STYLITE OF MOUNT SAGMATA. Clement was born into a pious Athenian family in the eleventh century, and he showed religious tendencies from an early age. At the age of 30, he renounced the vanities of the world and entered the Monastery of Myoupolis, founded by St. Meletios. Clement was a model monk by his obedience and humility, and he would withdraw to pray in the solitude of Mount Sigmata. One day a fellow monk caught Clement by surprise, his spirit was in ecstasy, and his body was raised above the ground. Wishing to flee admiration, Clement received the blessing of St. Meletios to live in a cave situated like a column on a promontory of Mount Sigmata. He spent many years there and attracted a growing number of disciples. However, when St. Meletios died, the abbot excommunicated Clement because he refused to return to the monastery. Not long afterward, the new abbot fell ill and wanted to travel to Clement to ask his forgiveness, but he died. Hearing of the holiness of Clement, Emperor Komnenos gave the monastery a precious fragment of the True Cross. St. Clement died peacefully in the early twelfth century. His holy skull can be venerated today at the Holy Monastery of the Transfiguration of the Lord on Mount Sigmata. Also preserved is the saint's cave.

Service Schedule

Great Vespers: 4pm on 1st and 3rd Saturdays

Hours: 9:40 am Sundays

Divine Liturgy: 10 am Sundays

Confessions - Saturdays before or after Vespers or by appointment.

Additional services for feast days and special observances.

Monthly calendar at [www. HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

Come and see!

Dates to Remember

Saturday February 1st

1pm- Church Cleanup, 4pm - Great Vespers

Saturday, February 8th - 7PM

Beef Steak Dinner - \$40

Assumption of the Holy Virgin Church

Clifton, NJ

February 15th & 16th

Visit of Archbishop Michael

Great Vespers, Saturday, 4pm

Divine Liturgy, Sunday, 10am

February 23rd

Meatfare Sunday

March 2nd

Great Lent Begins

Announcements

WELCOME GUESTS!

Please sign our guest book in the narthex and **join us for coffee social** following Divine Liturgy.

Upcoming Visit of His Eminence, Archbishop Michael

His Eminence will visit us on Feb. 15th & 16th. In preparation for his visit, there will be a church cleanup at 1pm on Feb. 1st.

Epitrachelion of St. Nectarios of Aegina

We will have a priestly stole ("epitrachelion") that belonged to St. Nectarios of Aegina at our church this week.

Fr. George will offer it for veneration and blessing at all services.

Slavic Food Fest -- Save the Date!

Sunday, May 17th, 2020 is the date set for our upcoming Slavic Food Fest. This will be a one-day, indoor/outdoor fundraising event, featuring the same popular food items (i.e., pierogies, holushki, stuffed cabbage casserole) we offer every summer at the NJ State Fair and in the fall at the Applefest. Watch these pages for updates and opportunities to volunteer.

Food Bank Donations

The Sussex Help Center thanks you for your generosity. They have a constant need for breakfast cereal, peanut butter and jelly, and canned fruit. Your donations are very much appreciated. The collection bins are located downstairs in the fellowship hall.

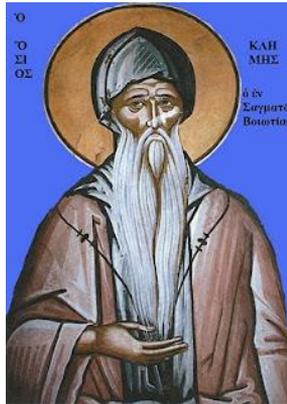
Sincere Thanks

SINCERE THANKS to Edward and Taisa Engelsman for their generous contribution to reduce the mortgage and in memory of our sister in Christ +Pighi Mardaloescu.

We pray for our entire church family and those who do not have a family or church family, but our special prayers are for the sick and suffering:

The Archpriests Samuel, Joseph & John, the priest Gregory, Sophia Eptamenitis, Edward, Taisa, Konstance & Elaine Engelsman, Nadine Olsen, Maria Higginbotham, Valentina Bobrowski, Ellen, Anna Konoleva, Erika Dobrzynski, Marie Biancarelli, Joshua Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Joseph Belli, Bonnie Shaffner. Amen!!!

*** To amend the prayer list, speak with Mary Osinski***



St. Clement the Stylite of Mount Sgammata



Follow us on



And remember to use:

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