

# THE WEEKLY BULLETIN

## HOLY SPIRIT ORTHODOX CHURCH

[www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

### 1st Sunday of Great Lent: Sunday of Orthodoxy

March 8<sup>th</sup>, 2020

“Believe me children, heresies and schisms have done nothing for the holy church except to make us love God and each other very much less than before.” St. Palladius of Antioch



**APOSTLE HERMAS OF THE SEVENTY.** According to tradition, the Apostle Hermas was the author of three spiritually beneficial books. *The Church, The Shepherd, and The Ten Parables.* As written in *The Shepherd*, Hermas was a wealthy man, but because of his sins and the sins of his sons, he fell into extreme poverty. Once while in prayer, an angel of repentance appeared to him and said that he would be with him until the end of his life. The angel gave him twelve mandates: 1) Believe in God; 2) Live in simplicity and innocence, do not speak evil and give alms to all who beg; 3) Love truth and avoid falsehood; 4) Preserve chastity in your thoughts; 5) Learn patience and generosity; 6) To know that in every man, there is a good and evil spirit; 7) Fear God and not to fear the devil; 8) Do every good and refrain from every evil deed; 9) Pray to God from the depth of the soul with faith that our prayer will be fulfilled; 10) Guard against melancholy as the sister of doubt and angel; 11) Question true and false prophecies; 12) Guard against every evil desire. St. Hermas became Bishop of Philippopolis in Thrace and died in peace.

## Service Schedule



**Great Vespers:** 4pm on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month.

**Divine Liturgy:** 10 am Sundays (**Hours:** 9:40 am)

Confessions - Saturdays before or after Vespers or by appointment.

Additional services for feast days and special observances.

Monthly calendar at [www. HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

## Dates to Remember

***Sunday, March 8<sup>th</sup> - 5pm***

*Sunday of Orthodoxy - Combined Vespers*

Holy Resurrection Orthodox Church, Wayne, NJ

w/ Archbishop Michael presiding

More info at [www.nynjoca.org](http://www.nynjoca.org)

***Wednesday, March 11<sup>th</sup> - 7pm***

*Pre-Sanctified Liturgy*

w/ Archbishop Michael

& Pan-Orthodox Clergy

*Followed by pot luck supper*

***Monday, March 16<sup>th</sup> - 7pm***

*Parish Council Meeting*

Fellowship Hall

***Wednesday, March 18<sup>th</sup> - 7pm***

*Pre-Sanctified Liturgy*

Holy Cross Orthodox Church

Middletown, NY

***Sunday, March 29<sup>th</sup>***

*Annual Parish Meeting*

*Following Divine Liturgy/Coffee Hour*

*Fr. Gary Breton presiding*

## Announcements

### **Welcome!**

Please sign our guest book in the narthex and **join us for coffee social** following Divine Liturgy.

### **Newly Departed +Carol Lynn Benda**

The newly departed +Carol Lynn Benda, age 70, peacefully fell asleep in the Lord on Wednesday, March 4, 2020 surrounded by her loving family. Mark Benda and the family will receive relatives and friends for visitation Sunday, March 8th, from 3pm-6:30pm, followed by a service at 6:30pm at Holy Spirit Orthodox Church, 102 Route 284, Wantage, NJ 07461

Relatives and friends are invited to attend the funeral at Holy Spirit Orthodox Church on Monday, March 9th at 9am. Interment to follow at St. Vladimir's Russian Orthodox Cemetery, Jackson, NJ.

In lieu of flowers, the family requests that memorial donations may be made in Carol's name to Holy Spirit Orthodox Church.

### **Annual Parish Meeting 2020**

The Annual Parish Meeting will be held Sunday, March 29th following Liturgy/Coffee Hour, with Fr. Gary Breton presiding.



“Deliver me from my enemies, O my God,  
Defend me from those who rise up against me.”

Psalm 59:1



### **Lenten Opportunities**

Three-lecture series (March 14th, 21st & 28th ) on human nature, by Harry Boosalis, professor of Dogmatic Theology at St. Tikhon's Seminary.

2020 Lenten Teen Retreat: April 3-5 at Greenkill YMCA Retreat Center  
160 Big Pond Road, Huguenot, NY

*See fliers on the bulletin board in the narthex.*


We pray for our entire church family and those who do not have a family or church family, but our special prayers are for the sick and suffering:


The Archpriests Samuel, Joseph & John, the priest Gregory, Sophia Eptamenitis, Edward, Taisa, Konstance & Elaine Engelsman, Nadine Olsen, Maria Higginbotham, Valentina Bobrowski, Ellen, Anna Konoleva, Erika Dobrzynski, Marie Biancarelli, Joshua Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Joseph Belli, Bonnie Shaffner. Amen!!!

\*\*\* To amend the prayer list, speak with Mary Osinski\*\*\*



**Triumph of Orthodoxy**

Follow us on 

And remember to use: 

**Holy Spirit Orthodox Church**  
102 Route 284, Wantage, NJ 07461

Father George Hasenecz  
Priest-in-charge  
973-366-9110  
570-216-1945 (cell)

[www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)