

THE WEEKLY BULLETIN

HOLY SPIRIT ORTHODOX CHURCH

www.HolySpiritOrthodox.org

3rd Sunday of Great Lent: Veneration of the Cross

March 22nd, 2020



“The demonic hosts tremble when they see the Cross, for by the Cross the kingdom of hell was destroyed. They do not dare to draw near to anyone who is guarded by the Cross. The whole human race, by the death of Christ on the Cross, received deliverance from the authority of the devil, and everyone who makes use of this saving weapon is inaccessible to the demons. When legions of demons appeared to St. Anthony the Great and other desert-dwellers, they guarded themselves with the Sign of the Cross, and the demons vanished. When they appeared to Saint Symeon the Stylite, who was standing on his pillar, what seemed to be a chariot to carry him to heaven, the Saint, before mounting it, crossed himself, it disappeared and the enemy, who had hoped to cast down the ascetic from the heights of his pillar, was put to shame.”

St. John Maximovitch

Service Schedule



Great Vespers: 4pm on 1st and 3rd Saturdays of the month.

Divine Liturgy: 10 am Sundays (**Hours:** 9:40 am)

Confessions - Saturdays before or after Vespers or by appointment.

Additional services for feast days and special observances.

Monthly calendar at www.HolySpiritOrthodox.org

Dates to Remember

Due to the ongoing crisis, these dates are subject to change at the discretion of the diocese. Please refer to our online calendar at www.HolySpiritOrthodox.org

Wednesday, March 25th - 9am (note time change)

Annunciation to the Theotokos

Divine Liturgy

Sunday, March 29th

POSTPONED UNTIL FURTHER NOTICE

~~Annual Parish Meeting~~

~~Following Divine Liturgy/Coffee Hour~~

~~Fr. Gary Breton presiding~~

Wednesday, April 1st - 10am

Pre-Sanctified Liturgy

~~***Saturday, April 4th - 4pm***~~

~~*Great Vespers/Confessions*~~

**GREAT VESPERS POSTPONED UNTIL
FURTHER NOTICE**

Announcements

Welcome!

Please sign our guest book in the narthex. **Coffee Hour and refreshments are being curtailed until further notice due to the Coronavirus, in accordance with Diocesan directives.**

Metropolitan Tikhon/Holy Synod Issues Coronavirus Statement

"The members of the Holy Synod of Bishops of the Orthodox Church in America have issued statements advising all members of the Church to follow the directives of the Center for Disease Control, and our own further pastoral directives...please become familiar with what the CDC directs, follow our directives...none of the measures adopted by any part of the Church should cause scandal or anxiety...They have been taken as our Christian response to protect our brothers and sisters...No one should feel any concern about the canonical implications of being absent from the divine services. We find ourselves in extraordinary circumstances that require extraordinary, but temporary responses. The holy body and precious blood of our Lord can never be a source of disease, it is after all for the healing of soul and body, but the COVID-19 virus can still be passed through the congregation. Out of love for our neighbor, we must do everything we can to protect the vulnerable by slowing the rate of infection." Full Statement available at www.oca.org

Food Donations Suspended

Sussex Help Center is closed indefinitely due to the ongoing situation. As a result, we will not be collecting food donations, until such time as the Help Center reopens, or we identify an alternative location to receive our donations. We will keep you posted.

Paschal Flowers

Donations for flowers to adorn the grave are requested and very much appreciated. Please mark your check, or note with cash, "Paschal Flowers." Our thanks!

Red Eggs for Pascha

Sign up sheet for red eggs is in the narthex.

Sunday of the Holy Cross

The flowers adorning the Holy Cross today have been offered by Despena Eptamenitis to remember the newly departed +Carol Lynn Benda.

Memorial Service


Following Divine Liturgy today, there will be a Memorial Service offered by Edward and Taisa Engelsman remembering their departed family members +Feodora (1 yr), +Michael (14 yrs) and +Alexander (7 yrs). Memory Eternal!


We pray for our entire church family and those who do not have a family or church family, but our special prayers are for the sick and suffering:

The Archpriests Samuel, Joseph & John, the priest Gregory, Sophia Eptamenitis, Edward, Taisa, Konstance & Elaine Engelsman, Nadine Olsen, Maria Higginbotham, Valentina Bobrowski, Ellen, Anna Konoleva, Erika Dobrzynski, Marie Biancarelli, Joshua Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Joseph Belli, Bonnie Shaffner. Amen!!!

*** To amend the prayer list, speak with Mary Osinski***

ST LEA OF ROME. St. Jerome wrote an epistle about Lea who died in the year 384. She was a noblewoman of Rome, born into wealth. Lea married but was soon widowed and left financially sound. Instead of retiring, she left her social standing and joined a convent in Rome, where she later became the abbess. St. Jerome writes that Lea's virtues were worthy of heaven. She was a woman of austerity, obedience, and extraordinary penances. "She was careless of her dress, neglected her hair, and ate only the coarsest food. She avoided ostentation that she might not have her reward in this world." "She instructed her companions even more by example than by percept." St. Jerome also writes, "if we wish for immortality, we must realize that we are but mortal."

Follow us on 

And remember to use: 

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