

# THE WEEKLY BULLETIN

## HOLY SPIRIT ORTHODOX CHURCH

[www.HolySpiritOrthodox.org](http://www.HolySpiritOrthodox.org)

### Sunday of the Paralytic

May 10<sup>th</sup>, 2020

“No matter where difficulties comes from, the main task is to try to deal with the situation wisely and use it to advance spiritually, by converting the hardship into a blessing and the deep darkness into the true light. No one is exempt from hardship, neither sinners nor holy men, nor rich or poor; everybody is bound to taste the bitterness of tribulation at some point.”

*Metropolitan Athanasios of Limassol (Cyprus)*



**HOLY APOSTLE SIMON THE ZEALOT.** Simon was the groom at the wedding in Cana where Jesus performed the first miracle, turning water into wine. When Simon witnessed this miracle, he forsook his bride and followed the Lord with zeal, thus the name “the Zealot.” Simon was numbered among the twelve apostles. When Simon received the Holy Spirit, he went and preached Christ in faraway places like Africa and Great Britain. Simon was tortured and finally crucified in pagan Britain.

## **DIOCESAN RESOURCES**

Please visit the diocesan web site:

<https://www.nynjoca.org/>

On the home page you will find:

- Updates on the quarantine/situation
- Statements from His Eminence, Archbishop Michael
- Resources for home prayer -- Reader's Vespers, Typika Service, and Home Prayer rule information (updated regularly)
- Links to online streamed services

## **Keeping Your Offerings Current?**

Remember to keep your offerings current by sending your check to:

**Holy Spirit Orthodox Church**  
**102 Route 284, Wantage, NJ 07461**  
(make check payable to "Holy Spirit Orthodox Church".)

Sincere thanks for continuing to support your church during these difficult times.

## Announcements

### **Status Update**

Due to the Governor extending the state of emergency order for another 30 days, we won't begin to open up until June 6th. After that date, we will begin a very gradual opening. Details to follow with the release of final directives.

### **Happy Mother's Day** 🌸

Best wishes, and Many Years to all our Mothers, Grandmothers, Godmothers, Aunts and Friends. Our prayers and loving thoughts are with you, especially during these difficult times when we may not be able to be with one another to celebrate you in person. Memory Eternal to those who have fallen asleep in the Lord. - Fr. George.

### **We Thank You for your Offering**

Arthur & Marissa Hedge - In Memory of +Carol Lynn Benda

### **Holy Synod Postpones Anniversary Celebrations**

The Holy Synod has decided to postpone the celebrations for the Fiftieth Anniversary of the granting of the Tomos of Autocephaly, and the glorification of St. Herman of Alaska that had been previously announced. Details at the link:

<https://www.oca.org/news/oca-news/holy-synod-postpones-anniversary-celebrations>

### **Food Donations to Sussex Help Center**

The Sussex Help Center, which distributes the food donations collected at our parish, is now operating on a partial schedule.

Food donations can be dropped off in the collection bin outside the Food Barn in Sussex, 24 County Rd 639, Sussex, NJ 07461 (across from the airport, next to the car wash.)

There is a large collection bin (plastic trash can) outside the front entrance to the Food Barn. Donations can be made during store hours. They close at 6pm every day except Saturday (3pm).

## Sunday of the Paralytic

### Kontakion — Tone 3

By Your divine intercession, O Lord, / as You raised  
up the paralytic of old, / so raise up my soul,  
paralyzed by sins and thoughtless acts; / so that  
being saved I may sing to You: / “Glory to Your power,  
O compassionate Christ!”



We pray for our entire church family and for those who do not have a family or church family, and our special prayers are for the sick and suffering:

The Archpriests Samuel, Joseph & John, the priest Gregory, Edward, Taisa, Konstance & Elaine Engelsman, Nadine Olsen, Sophia Eptamenitis, Maria Higginbotham, Valentina Bobrowski, Ellen, Anna Konoleva, Erika Dobrzynski, Marie Biancarelli, Joshua Buccieri, Emma Matthews, Stephanie, Kristy, Victor Szemetylo, Joseph Belli, Bonnie Shaffner. Amen!!!

\*\*\* To amend the prayer list, speak with Mary Osinski\*\*\*

**We also pray for all those affected by the Coronavirus:**

First responders, doctors, nurses, health care workers, food supply workers, and all who are under the impending threat of the Coronavirus, those who have fallen asleep, those who are sick, those who have recovered, and all those who are suffering from fear, anxiety, or economic hardship as a result of this pandemic.

Download the Reader's Service of Prayer for Protection from the Coronavirus

(This service takes place in front of our Icon Corner)

<https://www.nynjoca.org/files/2020/covid-19/covid-19-prayer-service.pdf>

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